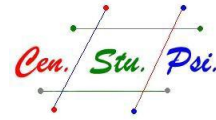


3° Congresso Nazionale dell'EDA Italia Onlus / 3rd National Congress of EDA Italia Onlus

and

4° Seminario del Centro Studi Psichiatrici / 4th Workshop of Psychiatric Studies Centre



I disturbi dell'umore e le emergenze: conoscerli e curarli  
*Mood disorders and emergencies: recognizing and treating them*

**Olbia, 29-30th September – 1st October 2022**

**Congress venue: *Sala del Museo Archeologico***

*Chairs of the Congress:* Efisia Meloni, Giuseppe Tavormina, Francesco Franza



## Congress Program

### 29th September

#### 1st Symposium

#### **I disturbi dell'umore fra urgenze ed emergenze (1° parte)** ***Mood disorders between urgencies and emergencies (1<sup>st</sup> part)*** **(chairs: Giuseppe Tavormina and Francesco Franza)**

- Ore 15.00 - **Introduzione/benvenuto - Welcome**
- Ore 15.15 - Deficit cognitivi nei disturbi dell'umore: ruolo e contraddizioni - *Cognitive deficits in mood disorders: role and contradictions in psychiatry* - Francesco Franza (Avellino)
- Ore 15.35 - Indagine psicodiagnostica fra Diabete e Depressione: esiste una correlazione? – *Psychodiagnostic investigation between Diabetes and Depression: is there a correlation?* - Maria Efisia Meloni, Sara Cherchi, Giancarlo Tonolo (Olbia)
- Ore 15.55 - Sulla strada della prevenzione della depressione – *Running to prevent depression* – Juan Tecco (Mons, Belgium)
- Ore 16.15 - L'inganno del sintomo umore - *The deception of mood symptom* - Gianpaolo Minnai (Oristano)
- Ore 16.35 *Discussione sul 1° Simposio - Discussion*

#### 2nd Symposium

#### **I disturbi dell'umore fra urgenze ed emergenze (2° parte)** ***Mood disorders between urgencies and emergencies (2<sup>nd</sup> part)*** **(chairs: Efisia Meloni and Maurilio Tavormina)**

- Ore 17.00 - La sanità territoriale: la centralità dell'assistenza di prossimità – *Community healthcare: the centrality of territorial assistance* - Walter Di Munzio (Salerno)
- Ore 17.20 - La Salute Mentale nel XXI. Secolo: "quando l'Altro diventa tuo nemico" - *Mental Health in XXI. Century: "when the Other becomes your enemy"* – Giuseppe Stranieri (Catanzaro)
- Ore 17.40 - La Depressione nei Caregivers dei soggetti fragili - *Depression in Caregivers of subjects with chronic diseases* - Gianluca Lisa (Imperia)
- Ore 18.00 - Emozioni e disturbi dell'umore nelle patologie croniche - *Emotions and mood disorders in chronic diseases* – Mariangela Perito (Avellino)
- Ore 18.20 - Il lutto in gravidanza e nella fase perinatale - *Mourning in pregnancy and in the perinatal phase* – Rina Pileri (Olbia)
- Ore 18.40 *Discussione sul 2° Simposio e considerazioni conclusive sulla prima giornata congressuale --- Discussion*

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## 30th September

### 3rd Symposium

**Dal Covid alla quotidianità: disadattamento ad eventi stressanti (1° parte)**  
***From Covid to everyday life: maladaptation to stressful events (1<sup>st</sup> part)***  
**(chairs: Marilisa Amorosi and Nicolas Zdanowicz)**

- Ore 9.30 – Impegno e stress dei Medici di Medicina Generale nella pandemia da Covid-19 – *Commitment of general practitioners in the Covid-19 pandemic* - Umberto Antonio Nevisco (Cagliari)
- Ore 9.50 - Croce Rossa Sarda: impegno e attività nelle emergenze - *Sardinian Red Cross: commitment and activities in emergencies* – Sergio Piredda, Carlo Bolzano (Cagliari)
- Ore 10.10 - Stress psicopatologico negli operatori sanitari durante la terza ondata di pandemia in Italia: i dati dello studio "COVID-19 Stress-Test" condotto presso l'Azienda Sanitaria Locale di Teramo - *Psychopathological distress in healthcare workers during the third wave of pandemic in Italy: data from the "COVID-19 Stress-Test" study conducted at the Teramo Local Health Authority* – Domenico De Berardis (Teramo)
- Ore 10.30 - Depressione, autolesionismo, suicidio: studio descrittivo longitudinale dopo la pandemia da Covid-19 nella provincia di Trento – *Depression, self-harm, suicide: a longitudinal descriptive study after the Covid-19 in the province of Trento* – Wilma Di Napoli (Trento)
- Ore 10.50 *Discussione sul 3° Simposio - Discussion*

### **Coffea-break**

### 4th Symposium

**Dal Covid alla quotidianità: disadattamento ad eventi stressanti (2° parte)**  
***From Covid to everyday life: maladaptation to stressful events (2<sup>nd</sup> part)***  
**(chairs: Sandro Elisei and Wilma Di Napoli)**

- Ore 11.30 - Le depressioni atipiche nel periodo pandemico nel reparto di psichiatria - *Atypical depressions in the pandemic period in the psychiatric department* – Calogero Anzallo, Giovanni Napoli (Udine)
- Ore 11.50 - Long-Covid e sovraccarico di stress: un legame diretto con la malattia psicofisica. Un'interconnessione necessaria per focalizzare i bisogni e le necessità emergenti -- *Long-Covid and Stress Overload: a direct link with psychophysical disease. A necessary interconnection to focalize emerging needs and necessities.* – Maria Grazia Spurio (Roma)
- Ore 12.10 - I disturbi depressive durante la pandemia da Covid-19: vi è un'emergenza per i ragazzi? - *Depression during Covid 19 pandemic: is there an emergency for teenagers?* – Nicolas Zdanowicz, Yasmine Guerfali, (Louvain, Belgium)
- Ore 12.30 - La depressione nella prima infanzia – *The depression in early childhood* – Maurilio Tavormina (Napoli)
- Ore 12.50 *Discussione sul 4° Simposio - Discussion*

### **Pausa pranzo – Lunch**

### **5th Symposium**

#### **I disturbi dell'umore nella quotidianità: spesso non viaggiano da soli (1° parte) *Mood disorders in everyday life and their comorbidities (1<sup>st</sup> part)* (chairs: Patrizia Moretti and Calogero Anzallo)**

- Ore 15.15 - I confini della malattia mentale: indagare i cluster di sintomi nelle manifestazioni acute di disturbi psichiatrici - *The borders of mental illness: investigating symptom clusters in acute presentations of psychiatric disorders* - Giovanni Briganti, Eileen Rogge (Mons, Belgium)
- Ore 15.35 - Narcisismo e depressione: la fine di un mito – *Narcissism and depression: the end of a myth* – Marilisa Amorosi (Pescara)
- Ore 15.55 - Emergenza, paura, preoccupazione e incontrollabilità delle emozioni - *Emergency, fear, worry and uncontrollability of emotion* – Patrizia Amici (Bergamo)
- Ore 16.15 - L'identità di genere nell'età contemporanea: spesso è una conquista sofferta - *Gender identity in the contemporary age: it is often a painful achievement* – Enza Maierà, Francesca Pagnotta (Cosenza)
- Ore 16.35 *Discussione sul 5° Simposio - Discussion*

#### ***Coffea-break***

### **6th Symposium**

#### **I disturbi dell'umore nella quotidianità: spesso non viaggiano da soli (2° parte) *Mood disorders in everyday life and their comorbidities (2<sup>nd</sup> part)* (chairs: Maurilio Tavormina and Alba Cervone)**

- Ore 17.00 - Disturbi dell'alimentazione e della nutrizione (DAN): urgenze ed emergenze intra e post lockdown pandemico - *Eating and Nutrition Disorders: intra and post-lockdown pandemic emergencies* – Luigi Juli (Catanzaro)
- Ore 17.20 - Disturbi alimentari: il ruolo dei processi familiari nello sviluppo e nel mantenimento delle problematiche dei ragazzi in tempo di pandemia - *Eating disorders: the role of the family in the development and maintenance of children's problems in the pandemic period* – Maria Rosaria Juli (Catanzaro)
- Ore 17.40 - Depressione ed emozioni: quando la problematica amplia gli orizzonti - *Depression and emotions: when the issues broadens the horizons* – Annalisa Colucci (Napoli)
- Ore 18.00 - La genetica vista come una chiave per comprendere i disturbi dell'umore - *Genetics as a key to understand Mood disorders* – Giada Juli (Catanzaro)
- Ore 18.20 - Immunopsichiatria di orecchie, seni paranasali, crani e meningi infette: Mozart e Van Gogh - *Immunopsychiatry of infected ears, sinuses, skulls and meninges: Mozart and Van Gogh* – Gottfried Treviranus (Berna, CH)
- Ore 18.40 *Discussione sul 6° Simposio e considerazioni conclusive sulla seconda giornata Congressuale --- Discussion*

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**1st October**

**7th Symposium**

**Lo spettro bipolare e le sue manifestazioni (1° parte)  
The bipolar spectrum and its clinical manifestations (1<sup>st</sup> part)  
(chairs: Giuseppe Tavormina and Maria Rosaria Juli)**

- Ore 9.30 - I disturbi dell'umore nelle persone con disabilità intellettiva: diagnosi e trattamento – *Mood disorders in people with intellectual disabilities: diagnosis and treatment* – Sandro Elisei, Alessandro Lepri – Istituto Serafico (Assisi, PG)
- Ore 9.50 - ADHD e disturbo bipolare negli adulti: il ruolo della disregolazione emotiva - *Adhd and bipolar disorder in adults: the role of emotional dysregulation* – Maria Vincenza Minò (Brindisi)
- Ore 10.10 - Deficit cognitivi specifici nel disturbo bipolare - *Specific cognitive deficits in Bipolar Disorder* - Antonella Vacca (Brindisi)
- Ore 10.30 - La dimensione della Disforia: terzo polo affettivo nella valutazione del rischio suicidario - *Dysphoria Spectrum and suicide risk: perspectives for possible prevention strategies* – Patrizia Moretti (Perugia)
- Ore 10.50 *Discussione sul 7° Simposio - Discussion*

**8th Symposium**

**Lo spettro bipolare e le sue manifestazioni (2° parte)  
The bipolar spectrum and its clinical manifestations (2<sup>nd</sup> part)  
(chairs: Efsia Meloni and Francesco Franza)**

- Ore 11.30 - Depressione Bipolare: diagnosi e trattamento - *Bipolar Depression: Diagnosis and Treatment* – Leonardo Tondo (Roma)
- Ore 11.50 - Uso del litio oltre il disturbo bipolare - *Lithium use beyond bipolar disorder* - Caterina Burrai, Antonello Poddighe (Cagliari)
- Ore 12.10 - Stati misti: individuazione, valutazione e stabilità diagnostica – *Mixed states: identification, evaluation during the time* – Alba Cervone (Napoli)
- Ore 12.30 - Disturbi dell'umore e tipologia di lavoro: vi è un'interazione? Uno studio italiano - *Mood disorder and type of work: what interaction? An Italian study* – Giuseppe Tavormina (Brescia)
- Ore 12.50 *Discussione sul 8° Simposio e considerazioni conclusive sul congresso – Discussion and end of the congress*

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Ore 20,30 *Cena di gala / gala dinner*

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## POSTER

Interventi pedagogico-clinici in bambini con disturbo dell'umore ad esordio precoce - *Pedagogical-clinical interventions in children with early-onset mood disorder* – Dominique Tavormina (Bergamo)

Violenza sulle donne: una emergenza in costante aumento. Percorso di fuoriuscita dalla violenza - *Violence against women: an ever-increasing emergency. Path of escape from violence* – Maria Rosaria Juli (Catanzaro)

Chalk-eating: a case report of pica practice in an Indian woman with undiagnosed ulcerative colitis - Francesco Bernardini, Jessica Pellizzari, Maria Teresa Urbano, Fulvio Tesolin, Patrizia Moretti (Perugia)

La speranza e l'empatia in pazienti psichiatrici residenziali - *Hope and empathy in psychiatric patients: an observational study in a psychiatric rehabilitation centre* - Francesco Franza; Albino Zarrella; Luigi Calabrese, Giuseppe Tavormina (Avellino)

Alterazioni metaboliche e interazioni farmacologiche: il ruolo della associazione tra antipsicotici-stabilizzatori dell'umore e defici cognitivi - *Metabolic alterations and drug interactions: the role of the association between antipsychotics-mood stabilizers and cognitive deficits* - Nicoletta Fiorentino, Barbara Solomita, Francesco Franza, Annalisa Soddu, Giuseppe Rosato, Giuseppe Tavormina (Avellino)

Dignity-Therapy nel disturbo bipolare e nella depressione maggiore: uno studio osservazionale in struttura riabilitativa psichiatrica – *Dignity-Therapy in bipolar disorder and major depression: an observational study in a psychiatric rehabilitation center* – Barbara Solomita (Avellino)

L'esperienza di ascolto in un gruppo di adolescenti con disturbi dell'umore - *The listening experience in a group of adolescents with mood disorders* – Donatella Costa (Brescia)

Un disturbo post-traumatico da stress complesso mascherato dal disturbo bipolare: un case-report - *A complex post-traumatic stress disorder masked by bipolar disorder: a case report* – Manuela Marcasciano (Torino)

Circles-using Opera to educate about Mental Health – Michaela Agius, A. Grech, Mark Agius (London, UK)

Teen Dating Violence: a mixed methods study in French-Speaking Belgium- Isaline Malherbe, Giovanni Briganti (Mons, Belgium)

Comparing the connectedness of psychopathic traits in severe psychiatric inpatients and university students using network analysis - Takuyoshi Sunakawa, Giovanni Briganti (Mons, Belgium)

Unique Variable Analysis of Redundancy in ADHD items from the Conners Teacher Rating Scale revised short - Apolline Till, Giovanni Briganti (Mons, Belgium)

On the use of Bayesian Artificial Intelligence for hypothesis generation in psychiatry - Giovanni Briganti (Mons, Belgium)

The place of care under constraint for mood disorders in the context of the collapse of the supply of psychiatric care during the Covid 19 crisis - Rene Llano Lopez, Juan Tecco (Mons, Belgium)

Possible clinical and pharmacogenetic predictors of the efficacy and safety of carbamazepine in post-COVID-19 depression - Elena Vaiman, Arseny Gayduk, Anna Strelnik, Daria Smirnova, Igor Davydkin, Igor Fedyashov, Paul Cumming, Natalia Shnayder, Regina Nasyrova (Saint Petersburg - Russia)

Pharmacogenetic aspects of COVID-19 management and post-COVID-19 depression treatment with fluvoxamine - Vera Dobrodeeva, Aiperi Abdyrahmanova, Daria Smirnova, Paul Cumming, Avinash DeSousa, Igor Davydkin, Darya Sumburova, Anna Yashikhina, Natalia Shnayder, Regina Nasyrova (Saint Petersburg - Russia)

Non-psychiatrists healthcare professionals' attitudes toward patients with mental disorders: findings of the low scores of social distance for depression - Anna Yashikhina, Dmitry Romanov, Sergey Strelnik, Anna Gradinar, Ekaterina Markina, Natalia Kuvshinova, Daria Smirnova (Samara - Russia)

The effects of transcranial magnetic stimulation on cognitive functioning in bipolar depression – a systematic review - Anna Strelnik, Sergey Strelnik, Ekaterina Markina, Aleksandr Kolsanov, Daria Smirnova (Samara - Russia)

Beliefs in COVID-19-related conspiracy theories and mental health in Russian population: identifying the risk and protective factors based on the international COMET-G dataset - Timur Syunyakov, Alexey Pavlichenko, Petr Morozov, Ilya Fedotov, Viktoriia Filatova, Yulia Ignatenko, Elena Sloeva, Anna Spikina, Anna Yashikhina, Konstantinos N. Fountoulakis, Daria Smirnova (Moscow - Russia)

Anxiety, depression and suicidality in people working in healthcare system during the COVID-19 pandemic: Russian study sample of the COMET-G project - Daria Smirnova, Timur Syunyakov, Alexey Pavlichenko, Petr Morozov, Regina Nasyrova, Azat Asadullin, Ilya Fedotov, Viktoriia Filatova, Yulia Ignatenko, Maxim Pozharsky, Dmitry Romanov, Anna Spikina, Anna Yashikhina, Konstantinos N. Fountoulakis (Moscow, Russia – Thessaloniki, Greece)

Virtual reality-based interventions in the treatment of depression during the COVID-19 pandemic - Natalia Borisova, Daria Smirnova, Timur Syunyakov, Andrey Vlasov, Aleksandr Kolsanov, Sergey Chaplygin, Tatiana Kozina (Zebrova), Giuseppe Tavormina, Seri Abraham, Roshelle Ramkisson, Subodh Dave, Sridevi Sira Mahalingappa, Nathan Moore (Samara, Russia - Derby, UK - Sydney, Australia)

The efficacy of mobile phone-based interventions for the treatment of depression: a systematic meta-review and meta-analysis of randomized controlled trials - Darya Sumburova, Aleksandr Kolsanov, Sergey Chaplygin, Anna Yashikhina, Paul Cumming, Andrey Vlasov, Timur Syunyakov, Daria Smirnova (Moscow, Russia – Bern, CH)

Association between neuropathic pain and depression: focusing on the transcranial magnetic stimulation as a promising treatment approach - Arseny Gayduk, Tatiana Shishkovskaia, Paul Cumming, Theodoros Koutsomitros, Alexander Sack, Yan Vlasov, Daria Smirnova (Samara, Russia – Maastricht, Netherlands)

Educational initiative about the COVID-19 pandemic-related neuropsychiatry for early career professionals in EU: the impact of the novel virus on brain, mind and society - Tatiana Zebrova, Xenia Gonda, Florence Thibaut, Giuseppe Tavormina, Natalia Borisova, Dmitriy Gorbachev, Andrey Protasov, Aleksandr Kolsanov, Daria Smirnova (Samara, Russia)

Association between lifestyle- and circadian-rhythm changes, and different depression symptom clusters during COVID-19 - Nikolett Beata Vadon, Livia Priyanka Elek, Mátyás Szigeti, Berta Erdelyi-Hamza, Daria Smirnova, Konstantinos N. Fountoulakis, Xenia Gonda (Budapest, Hungary – Samara, Russia)

Does TMS influence verbal function and treat the language decline in schizophrenia? Finding answers via systematic review of current research – Tatiana Shishkovskaia, Arseny Gayduk, Daria Smirnova (Moscow, Russia)

Cryptogenic stroke in the context of COVID-19 pandemic-related stress: the role of arteries hemodynamics - Olga Germanova, Daria Smirnova, Asel Usenova, Paul Cumming, Giuseppe Galati (Samara, Russia – Milan, Italy)

Cardiotoxic side effects of antidepressants: safe treatments in times of COVID-19 pandemic - Olga Germanova, Giuseppe Galati, Xenia Gonda, Giuseppe Tavormina, Regina Nasyrova, Yulia Vukolova, Daria Smirnova, Timur Syunyakov (Samara, Russia – Milan, Italy)

First episode Psychosis following COVID-19 vaccination. A case report - Lubova Renemane, Jelena Vrublevska, Ingrida Cera (Riga, Latvia)

Parosmia, phantosmia, migraine - a "cortical trace" during a COVID-19 pandemic - Svetlana Kopishinskaia, Daria Lapshova, Mikhail Sherman, Vera Voznessenskaya (Kirov, Moscow - Russia)

Neurological and psychiatric pathology in children born to mothers who had COVID-19 during pregnancy - Svetlana Kopishinskaia, Anastasia Sokolova, Mikhail Sherman (Kirov, Yekaterinburg - Russia)

Clinical features of myalgic encephalomyelitis/chronic fatigue syndrome as a complication after vaccination against COVID-19 with the Gam-COVID-Vas vaccine -- Svetlana Kopishinskaia, Mikhail Sherman (Kirov, Russia)

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